



Dar es Salaam EADSG 2023 TANZANIA EAST AFRICA

6th Congress & Scientific Sessions
Diabetes and Cardiovascular Disease

ABOUT THE EAST AFRICA DIABETES STUDY GROUP (EADSG)

The East Africa Diabetes Study Group (**EADSG**) was launched in 2011 to contribute towards the current measures of addressing the challenges posed by an increasing burden of diabetes and non-communicable diseases (NCDs) in the East Africa Region and beyond. The EADSG is committed to excellence in research, education, and management of diabetes and other NCDs.

Mission, Vision and Values

The vision for EADSG is an East Africa where health care professionals and persons with diabetes are fully empowered to effectively manage diabetes.

Mission Statement: The EADSG is committed to reducing the burden of diabetes in East Africa and beyond, by providing health care professionals with scientific information and educational initiatives designed to translate research into effective clinical practice. These include short courses in epidemiology and translational research, scientific Congresses and practical guidelines for patient education and management.

EADSG encourages and supports research into practices appropriate for situations in the region that would ensure good diabetes control and advocate for wide dissemination and action on research findings.

EADSG aims to lead and deliver national activities in the region and co-operate with the East Africa Community and other international organisations to share knowledge and resources to add value for people with diabetes.

Values: The EADSG upholds the well-being of people affected by diabetes and the pursuit of excellence in professionalism, quality and ethics. In everyday interactions EADSG will exhibit and expect fairness, honesty, openness, confidentiality and integrity from all and will in addition respect the diversity and roles of individual members of the EADSG.

EADSG Scientific Congress and Annual General Meeting

The EADSG Scientific Congresses are a comprehensive, multidisciplinary fora with a stellar faculty of leaders in diabetes and other Non-Communicable Diseases that connect the scientific community and accelerate life science discovery. They bring together more than 300 key stakeholders and leaders to discuss ambitions, priorities and actions for change in diabetes and NCDs within the East Africa Region. The EADSG Scientific Congresses are regarded as highly influential events aimed at raising attention to the health care delivery in diabetes and other non-communicable diseases in the East Africa Region. The main focus is on the prevention of diabetes and its complications and improved quality of life of people living with diabetes and other non-communicable diseases. These are areas of important research priority and fostered debate especially on the long-term implications for diabetes care and health policies. The signature design of the EADSG Scientific Congresses include state-of-the-art review lectures and symposia by leading world experts followed by debates aimed at solving controversies and generating consensus.

The 6th EADSG Congress & Scientific Sessions will be held at the **Hotel White Sands & Conference Centre**, Africana Rd, P.O Box 3030, Dar es Salaam, Tanzania from the **26 - 29 April 2023**. The hotel is located 25 km north of Dar es Salaam centre.

Pre-Congress Sessions

The EADSG 2023 offers an exciting pre-congress programme on a variety of topics. Pre-conferences will be held on Monday 24 and Tuesday 25 April 2023, 09:00 - 16:00 EAT; Sessions will cover training Data Management and Research Methodology

The Scientific Sessions

- Digital Health
- Strengthening health systems to cope with both acute and chronic diseases in poor resource settings
 - Translational Diabetes Research
 - Epigenetics and Diabetes
 - Pathophysiological-based therapy of Diabetes
 - Possibilities in stopping loss of beta cell (functions) with type 2 diabetes?
 - Pre-diabetes screening and prevention in type 1 diabetes
- Impact of interventional therapies on cardiovascular risk in people with diabetes
- Co-morbidity of diabetes and depression
- Public engagement activities to increase knowledge, create awareness and community action for diabetes
- Conventional paradigms vs novel ideas on the aetiology of diabetes and obesity: a forum for debate leading scientists in the field of diabetes
 - Updates in nutrition concerning diabetes and obesity
 - Updates on complications of diabetes
 - Updates within pharmacological therapy in diabetes
 - Updates in technology regarding diabetes: closed loop
 - Practical workshops with case presentations
 - Oral and poster presentations
 - COVID-19 and Diabetes and Cardiovascular Disease
 - Diabetes and the Liver -symposia
 - Diabetes diagnosis & monitoring - symposia
 - Diabetes & renal diseases - symposia
 - Diabetes & eyes - symposia
 - State of the Art Lectures

TARGET AUDIENCE

Government and policy makers, physicians, clinical research scientists, basic research scientists, nurses, social workers, psychologists, social scientists, epidemiologists, dentists and oral surgeons, pharmacists, laboratory technicians and other professionals at master's or doctoral level, as well as those with professional equivalence who have been actively engaged in research or the clinical aspects of diabetes in the East Africa Region and beyond.

EXHIBITION

This year we have chosen Dar es Salaam (Arabic: دار السلام Dār as-Salām, literally "The residence of peace"), formerly Mzizima (Kiswahili for "healthy town"), for the **EADSG-2023 6th Congress & Scientific Sessions**. Dar es Salaam is Tanzania's largest and richest city, the largest city in Eastern Africa by population, and a regionally important economic centre. This lively city is the major gateway to the world renowned "southern tourist circuit", the "coastal tourist circuit", and Zanzibar in Tanzania.

The **EADSG-2023 6th Congress & Scientific Sessions** and **Exhibition** will be held at the **Hotel White Sands and Conference Centre**, a state-of-the-art Conference centre that lies on Indian Ocean. Hotel White Sands and Conference Centre is only 45 min drive from Julius Nyerere International Airport. The city centre is well connected by road and a rail to the to other parts of the City and other areas of East Africa and the outside world. Research Institutes and Universities, technology and research centres and extensive business and industrial activities, all combine to give Dar es Salaam and its surroundings, its singular potential for commercial growth and development that made it attractive for **EADSG-2023 6th Congress & Scientific Sessions**. Moreover, **EADSG-2023** also wants to encourage local entrepreneurial companies, universities and technological research centres to join the congress, and to participate in the exhibition.

For this purpose, the **EADSG-2023** Organising Committee has given a wide range of exhibition packages.

Delegate exposure to the exhibition will be before and after the Congress Sessions, during refreshment breaks and lunch. Please download the exhibition manual from eadsg.org

PRE-CONGRSS

The pre congress will be on Data Management in the care of patients with Diabetes. This will take place at the White Sands Hotel, 24 & 25 April 2023.

POST-CONGRSS TOURS

For post congress tours please contact **KEARSLEYS TRAVEL & TOURS** at <https://www.kearsleys.com/>